

IDA VIRU

LATVIA PRESS TOUR TO EASTERN ESTONIA 26.-28.11.2024



26.11.2024 Day 1

Arrival to Tartu by minibus, short stretching and coffee break

[Mäetaguse von Rosen Spa](#) historic manor complex located in the small town of Mäetaguse, which magically connects colorful history with modern comforts.

Lunch in [restaurant Rosen](#)

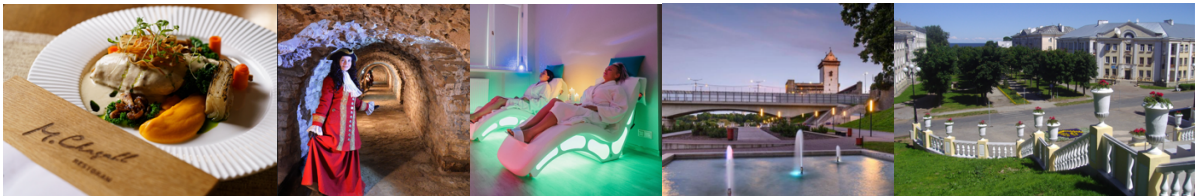
[Kiviõli Adventure Centre](#), offers a wide range of adrenaline-pumping activities and outdoor adventures for visitors of all ages.

Site inspection of [Saka Manor](#), pearl of the North-Estonian coastal cliffs.

[Valaste Waterfall](#), located on the [Ontika limestone cliff](#), is more than 30 m high, making it the highest waterfall in Estonia.

[Toila Spa Hotel](#) and site inspection.

Buffet dinner at the hotel, free time for spa, saunas and wellness-centre Orhidee



27.11.2024 Day 2

Breakfast at the hotel and check out

[Sillamäe](#), a town located on the northeastern coast of Estonia, known for its unique history, culture heritage, and picturesque coastal landscapes.

[Sillamäe Museum](#), sightseeings, history, promenade walk

Drive to [Narva](#) - Quided bus tour in [Narva Promenade](#), [Five-Kroon viewing](#)

[platform](#), [Kreenholm Industry legacy](#), [Narva Town Hall](#), [Casemates of Victoria Bastion](#)

Lunch at [restaurant Marc Chagall](#)

[Narva Hotel](#) and their new IDA Spa site inspection. IDA Spa resembles Narva bastions, and its internal architecture creates a bridge between the past and present of the border city.

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Drive to [Narva-Jõesuu](#). Narva-Jõesuu is known as a resort town whose glory days are decades behind. Narva-Jõesuu is famous for its unique natural environment. Narva-Jõesuu beach with its fine sand, lined with a peculiar pine forest, is one of the longest sea beaches in Estonia, running for 9.5 km along the southern shore of the Gulf of Finland. Today, it has become a well-known summer resort for guests of the region.

Site inspection of [Meresuu Spa & Hotel](#)

[Narva-Jõesuu Medical Spa](#) and site inspection

Buffet dinner at the hotel, free time for spa and saunas.



28.11.2024 Day 3

Breakfast at Narva-Jõesuu Medical Spa

Drive to Kohtla-Järve Museum of Oil Shale

[Alutaguse Hiking Club](#) scooter tour in the town of Kohtla-Järve

[Kohtla-Järve Museum of Oil Shale](#) introduction

[Adventures at full speed](#) – offroad safari around Aidu quarry. The safari routes wind through the picturesque landscapes of Aidu Quarry and its surroundings, offering stunning views of rock formations and lakes, providing a unique and memorable adventure experience.

[Estonian Mining Museum](#) tour under the ground and miners lunch. Step back in time and get an insight into the country's mining history, which has played a significant role in its economy and development over the centuries.

Time to return back home.

Thank you!